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05

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PHASE III  
and  
TOWNHOMES  
HOA  
NEWSLETTER

# The Ridge Runner



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## The President's Corner

The fall season is upon us! The leaves are turning the brilliant oranges, reds, yellows, and browns, with a spattering of green thrown into the color scheme. Football games, apple cider, and cooler temperatures are sure signs of this time of the year.

I am sure you have noticed the tree trimming that is/has occurred in our development. This became necessary as the trees in our community had not been trimmed since they were planted; some more than ten years ago! I know most of us as residents were very surprised at the amount of foliage removed from the trees. Unfortunately, the height level required by the Boro of Milton to negotiate our streets when plowing snow and doing other maintenance tasks in our community required this type of trimming.

While speaking of trees, new trees will be planted this fall for those homes recently built and those homeowners who require replacement trees. This planting will ensure the continued appealing appearance of our community and our tree lined streets.

Please remember your speed when driving through the development and use the sidewalks, where available, when walking.

Have a great fall season!

Respectfully,

John E. Shoop

President of Phase III Association. ☒

## WELCOME TO THE NEIGHBORHOOD

Rolling Ridge is a friendly and growing community. If you see new neighbors out and about, make sure you stop and say hello to welcome them to the community.

Adam Smith  
29 Crestview Drive

Lauren Rhodes Gordon  
134 Woodsedge Drive

## Elections for Executive Board

Each year in January, elections are held for Executive Board members. The Executive Board of both Rolling Ridge Phase III PRD Association and Rolling Ridge Townhomes Association is responsible for government of the development; enforcing compliance with covenants and restrictions, contracting with maintenance vendors, developing a financial budget, setting the rate for maintenance fees. These volunteer positions are critically important to the Rolling Ridge development. Please consider volunteering for these important positions. Ballots are sent out in December prior to the annual January membership meetings. If you wish your name to be on the ballot or would like to suggest another homeowner for the ballot, please contact the administrative office at 742-3455 or [psycpa@ptd.net](mailto:psycpa@ptd.net). There are 4 positions up for a vote for Rolling Ridge Phase III PRD Association and 5 positions up for vote for Rolling Ridge Townhomes Association. These are two year positions. The Phase III Executive Board meets quarterly and the Townhomes Executive Board meets monthly. ☒

## Three (Incredibly Simple) Rules To Keep The IRS Away

We all have to pay taxes and no one wants any trouble. Follow these three simple rules and you'll reduce your chances of grief from the IRS:

**1. Keep Good Records.** You might think good records help only if you're audited. Actually keeping good records can keep you out of trouble in the first place. Most audits are by correspondence: your deductions will be disallowed unless you produce records substantiating them. To respond quickly and thoroughly, be prepared.

**2. Respect Those 1099s.** Much of what the IRS does is information return matching—the endless correlation of taxpayer identification numbers and payments. Even small mismatches will be caught and can trigger bigger problems. There are different Forms 1099 for miscellaneous income (Form 1099-MISC), interest (Form 1099-INT), etc.

How you handle them year round matters. Don't just stick them in a drawer when they arrive, look at them. If you receive an incorrect 1099 (as is common), contact the payor that issued it. Explain the error and ask if they have already sent a copy to the IRS. If they have, ask for a "corrected" 1099 (there's a special box for this). You need a system to record and track 1099s. That's exactly what the IRS does.

**3. Keep Business and Personal Separate.** You may do things with a dual motive like a pleasant lunch with a business colleague, a boondoggle with your best customer or buying a vacation home you also intend as an investment. But your tax life will be easier if you avoid morphing personal into business, including:

- Deducting the cost of your divorce because your business is at risk;
- Deducting a miserable vacation with a client; or
- Claiming your hobby was really for profit.

It's safer to separate your business and personal lives. Simple but effective.

*Robert W. Wood practices law with Wood LLP, in San Francisco. The author of more than 30 books, including Taxation of Damage Awards & Settlement Payments (4th Ed. 2009 with 2012 Supplement, Tax Institute), he can be reached at [Wood@WoodLLP.com](mailto:Wood@WoodLLP.com). This discussion is not intended as legal advice, and cannot be relied upon for any purpose without the services of a qualified professional. ☒*

# Flu Season

By Matthew Krolikowski, RN, MS

*Hello everyone. With changes in the weather coming, the “flu season” is fast approaching. So I thought I would bring to you some “flu facts” in our Newsletter.*

## ARE THERE DIFFERENT TYPES OF INFLUENZA OR FLU?

Yes, there are really 3 different types of the influenza or flu virus. Type A viruses are found in many kinds of animals such as ducks, chickens, pigs, and also in humans. The Type B virus widely circulates in humans. Type C has also been found in humans, pigs, and dogs, and causes mild respiratory infections, but does not give rise to flu epidemics. The influenza virus is one of the most mutable (changeable) of all viruses. Changes or mutations may be small and continuous or they can be large and abrupt.

- Influenza Type A is divided into subtypes that can be found worldwide and include the H1N1, H1N2, and H3N2 viruses.
- Influenza Type B outbreaks can also cause epidemics, but the illness it produces is usually milder (less virulent) than Type A.
- Influenza Type C flu viruses are not thought to cause large epidemics and generally cause only mild respiratory infections.

Flu viruses are constantly mutating or changing. A global flu pandemic (worldwide outbreak) can happen if the following three conditions exist:

- A new subtype of Type A virus is introduced into the human population.
- The virus causes serious illness in humans.
- The virus spreads easily from person to person in a sustained manner.

## COMPLICATIONS OF THE FLU

Each flu season, different flu viruses spread and affect people differently based on one's ability to fight infections. Even healthy children as well as adults can become very sick from the flu and spread it to friends, coworkers, and even other family members. In the United States, literally thousands of healthy adults and children visit their doctor or are hospitalized from flu complications each year.

### Emergency warning signs in adults

- Difficulty breathing or shortness of breath (dyspnea)
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting

### Emergency warning signs in children

- Fast breathing or trouble breathing (tachypnea or dyspnea)
- Bluish skin color (cyanosis)
- Not drinking enough fluids (possible dehydration)
- Not waking up or not interacting (lethargy)
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with a fever and a worse cough
- Fever with a rash

ANY work done on the outside of your home such as adding landscaping, sheds, patios, decks, etc., must be approved by the ARC committee.

For single family, contact Tom Lang

For townhomes, contact Pat Sheatler

If you do the work without approval, you are in violation of the covenants and restrictions.

## Flu Season (Contd)

### How do I tell if it is a Cold or the Flu?

- The common cold and the flu are both respiratory illnesses, but they are caused by different types of viruses with different symptoms. Here are some of the differences between the two:

#### Signs and Symptoms

##### Symptom onset

Fever

Aches

Chills

Fatigue, weakness

Sneezing

Stuffy nose

Sore throat

Chest discomfort, cough

Headache

#### Influenza

Abrupt

Usual; lasts 3-4 days

Usual; often severe

Fairly common

Usual

Sometimes

Sometimes

Sometimes

Common; can be severe

#### Common Cold

Gradual

Rare

Slight

Uncommon

Sometimes

Common

Common

Common

Mild to moderate; hacking cough

Rare

### WHAT ARE SOME SIMPLE TIPS TO LESSEN ONE'S CHANCES OF GETTING THE FLU????

#### WASH THOSE HANDS!



\*The flu virus can spread by direct contact, such as sharing drinks with others, or through indirect contact, such as when an infected coworker or family member sneezes on his or her hands and touches an object like the lunchroom microwave door. The influenza virus can live for 2 to 8 hours on surfaces. During flu season, everyone should wash their hands frequently to reduce the risk of transmitting germs to others.

#### COVER YOUR SNEEZES AND COUGHS!



When you sneeze or cough, cover your nose and mouth with a tissue (not your hands), and be sure to throw the tissue away immediately.

You can also cough into your sleeve if you don't have a tissue handy. Hand sanitizers can also help. Try to avoid touch-

ing your eyes, nose, or mouth (mucous membranes) to keep germs away. And if you have the flu, please stay home and prevent spreading it to others at work.

*So... if you are unsure about what you should do in regards to flu inoculation, see your family physician and talk with him or her about receiving the "flu shot" especially if you have other chronic health conditions such as, but not limited to diabetes mellitus, heart disease, or obstructive lung disease. Let's all do our best to stay healthy and well. ☼*





## Rolling Ridge Women's Group

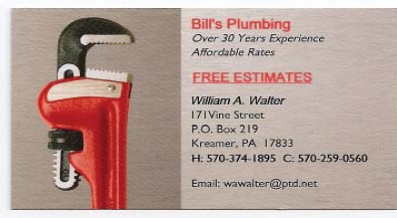
A social group has been started for Rolling Ridge resident women. It's a way to meet your neighbors and enjoy some light refreshments and conversation. Please feel free to join us, and bring a friend. We usually meet on a Wednesday at 7:00pm.

If you want to be notified of activities and meeting dates, email me at [carolh@ptd.net](mailto:carolh@ptd.net) and I will put you on the email list

For more information contact  
Carol Henderson - 8 Chester Court -742-4164

For all you real estate needs,  
whether you are buying or  
selling, please give  
Rolling Ridge resident

Terry McLaughlin  
of Villager Realty  
a call 523-3244 - office  
or 490-1002 - cell.



**Bill's Plumbing**  
Over 30 Years Experience  
Affordable Rates  
**FREE ESTIMATES**  
William A. Walter  
171 Vine Street  
P.O. Box 219  
Kremer, PA 17833  
H: 570-374-1895 C: 570-259-0560  
Email: [wawalter@ptd.net](mailto:wawalter@ptd.net)

- 28 years experience working for Fogarty Homes
- Helped do much of the plumbing work in Rolling Ridge development and has skills in all areas of construction
- Small home repairs and handyman work.

**PLEASE NOTE**  
An earring was found  
on the walking trail.  
If you think it may be yours,  
you can call Amy Rearick  
742-7286

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If you have some local news like someone's graduation, birthday, milestone anniversary, accomplishment, or perhaps an article that might be of interest to Rolling Ridge residents, contact the editor for inclusion in this newsletter.