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04

PHASE III
and
TOWNHOMES
HOA
NEWSLETTER

The Ridge Runner

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The President's Corner

Welcome to Fall:

Yes it's that time of year again; shorter daylight hours, cooler temperatures, apple cider, and colored leaves. Hopefully you have had a great safe summer enjoying yard work, gardening, and vacations.

I want to say thanks to all who participated in the 2nd Annual Rolling Ridge "Meet Your Neighbors Dinner" held at the Wynding Brook Golf Club on October 18. It truly was an opportunity to meet your neighbors, and I am sure all who attended will tell you of the great time they experienced making new acquaintances and renewing old friendships.

A big "Atta Boy" has to be given to Carol Henderson, Heather Emala, and Terry Lenig for their tireless efforts in organizing and coordinating this affair. Hopefully, you as residents will have other opportunities to participate in other events as they are scheduled.

If you are a walker, walking after the daylight hours, please make yourself visible wearing light colored clothing, carrying a visible flashlight, and walking on the sidewalks where available.

Be safe and enjoy the autumn season! Respectfully,

John E. Shoop

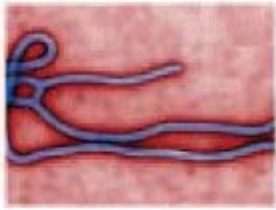
President of Phase III Association. ☼

A Brief Note Concerning Ebola

Submitted by Matthew Krolikowski, RN, MS
(Rolling Ridge Resident and board member)

No doubt many of you have been following the news concerning the outbreak of Ebola. Let me share with you what I know about this disease. Firstly, as a health care professional, I want to stress early on in this writing that we should not panic and that there is a low risk for us of contracting this illness.

Ebola is found primarily in primates such as chimpanzees and gorillas in the wild and has led to the death of many of these animals. The Ebola virus is also found in African fruit bats but these creatures do not seem to be susceptible to Ebola Viral Disease (EVD). EVD was formerly known as Ebola Hemorrhagic Fever. EVD is a severe and often fatal illness in humans.



The Ebola virus is transmitted to people from wild animals and spreads in the human population through human-to-human transmission by contact with an infected individual or by the handling of the carcasses of dead animals. The average EVD case fatality rate is around 50%. Case fatality rates have varied from 25% to 90% in past outbreaks such as in 1976 and 2002. The first EVD outbreaks occurred in remote villages in Central Africa, near the tropical rainforests, but the most recent outbreak in West Africa has involved major urban as well as rural areas. Community engagement is a key factor to successfully controlling Ebola outbreaks. Effective outbreak control relies on applying a number of interventions, such as case management, surveillance and contact tracing, quality laboratory service, safe burials and social mobilization. Early supportive care with rehydration, and symptomatic treatment improves survival. There is as yet no universally treatment proven to eradicate the Ebola virus but a number of blood, immunological and drug therapies are presently under development. In addition, there are currently no licensed Ebola vaccines but 2 potential therapies are undergoing evaluation.

Ebola, as noted above, spreads through human-to-human transmission via direct contact through broken skin (our skin is one of our first line of defenses) or mucous membranes (i.e. eyes, nose, lips, mouth) with the blood, secretions, organs or other bodily fluids from infected people, and/or with surfaces and materials (e.g. bedding, clothing) contaminated with these fluids. Health-care workers have frequently been infected while treating patients with suspected or confirmed EVD. This has occurred through close contact with patients when infection control precautions are not strictly adhered to. Burial ceremonies in which mourners have had direct contact with the body of the deceased person can also play a role in the transmission of Ebola. People remain infectious as long as their blood and body fluids, including semen and breast milk, contain the virus. Men who have recovered from EVD can still transmit the virus through their semen for up to 7 weeks after recovery from illness. Health-care workers should always practice standard precautions when caring for patients, regardless of their presumed diagnosis. These include basic hand hygiene, respiratory hygiene, use of personal protective equipment (to block splashes or other contact with infected materials), safe injection practices and safe burial practices.

If you want to learn more about Ebola and other related viral illnesses and you have a computer with Internet access, I suggest visiting the Center for Disease Control Web site or the World Health Organization site. Most importantly in closing, it has been repeatedly and strongly suggested that all individuals practice good hand hygiene, that is, good hand washing especially when hands are contaminated with organic materials and the use of antimicrobial hand gels (when one's hands are not visibly contaminated with organic materials). With the onset of the cold and flu season upon us, these practices will also serve to reduce the likelihood of one contracting one of these infections.

2nd Annual Rolling Ridge Meet Your Neighbors Night



Light appetizers

On Saturday, October 18th at 5:30 pm 39 residents from Rolling Ridge gathered at Wynding Brook Golf Club, Milton for dinner, and to perhaps make some new friendships with residents they haven't met before and catch up with old friends.

It was a wonderful evening, starting with a bruschetta appetizer, house salad, then on to the main course, a choice of *Chicken Cordon Bleu*, *Fresh Salmon Fillet*, or *Vegetable Lasagna*. Topping off the delicious meal with vanilla ice cream for dessert.

A big thank you to Diane Shoop who decorated the tables in a fall motif. The centerpieces were beautiful.

Some local businesses including Wynding Brook and Rolling Ridge residents made donations for the event. Heather Emala did a wonderful job of coordinating the door prizes. Intermittently throughout the evening there were drawings for the door prizes. A job well done Heather.

It was both wonderful and gratifying to see such a great turnout from Rolling Ridge residents, both townhouses and single family homes. Kind remarks on the good food and an enjoyable evening made all the time and effort put into this evening throughly worth it!



Thanks Diane

(L-R): Eleanor Poponiak, John Shoop - HOA-Board President, and Ed Johansen



Bob Mellman sharing a joke



Ray Leaser sharing a joke



Door Prizes

Rolling Ridge Info

TRASH PICKUP

The crows have returned to Rolling Ridge and are targeting garbage bags placed outside awaiting pick-up. Please consider using a garbage can for your trash to reduce the unsightly garbage strewn in the street that our garbage hauler then has to clean up.

SNOW REMOVAL

PLEASE REMEMBER THAT SNOW REMOVAL ON SIDEWALKS IN SINGLE FAMILY IS THE RESPONSIBILITY OF THE HOMEOWNER AND MUST BE REMOVED WITHIN 24 HOURS OF A SNOW EVENT.

SELLING YOUR HOME


If you are selling your home, you must request a re-sale certificate from the administrative office. This document is required under state law and must be part of your closing documents at the time of your sale. Also, any prospective buyers need to receive a copy of the covenants & restrictions as part of required disclosures..

FALL PROPERTY MAINTENANCE

Please keep your leaves cleaned up but DO NOT dump them on common ground.

NEW PHASE OF ROLLING RIDGE

Finally, a big welcome to our newest phase of the Rolling Ridge Community, Berkshire Commons. Work has begun in the fields across Golf Course Road on new townhomes and single family homes.

An exciting time as we welcome new homeowners to our Community. The website for Berkshire Commons is www.berkshirecommons.info. Please check it out. 

B I N G O



► Proceeds Benefit
MILTON PUBLIC LIBRARY
Programs and Services

Sunday, Nov. 2nd

Doors Open -12:30 Early Bird -1:45, BINGO -2:00

Door Prize, Chinese Raffle, Food Stand,
Stampers & Extra cards available for purchase.

St Joseph Parish Center, Cemetery Rd. Milton

\$20/in advance with ticket. \$25/at the door.



**GET YOUR TICKET AT THE
MILTON PUBLIC LIBRARY**



If you have some local news like someone's graduation, birthday, milestone anniversary, accomplishment, or perhaps an article that might be of interest to Rolling Ridge residents, contact the editor for inclusion in this newsletter.

ANY work done on the outside of your home such as adding landscaping, sheds, patios, decks, etc., must be approved by the ARC committee.

For single family, contact Evan Emala

For townhomes contact
ADMINISTRATIVE OFFICE

Patricia S. Young
516 Columbia Avenue
Milton, PA 17847
psycpa@ptd.ne

If you do the work without approval, you are in violation of the covenants and restrictions.

WELCOME TO THE NEIGHBORHOOD

Rolling Ridge is a friendly and growing community. If you see new neighbors out and about, make sure you stop and say hello to welcome them to the community.

Paul & Margette Bianco
50 Rolling Ridge Drive

DRIVE CAREFULLY ON HALLOWEEN

Rolling Ridge development is a favorite for trick or treaters and they do not always watch for vehicles.

Happy Halloween

